

Short Courses in Adult Care for 16 to 18 year olds

Adult Care Traineeship Programme

Get the skills, work experience
and confidence you need to
kickstart a career in Adult Care.

Work preparation training | High-quality work placement |
Progress into employment

Course Location:

Remote blended delivery, including a mix of online
coaching sessions, tutorials and supported eLearning.

Course Structure:

10-week programme

Work placement in adult care - 4 days/week

Skills development in Adult Care, Employability, Maths and English - 1 day/week



Course Content:

| Employability skills | Adult Care (vocational) skills |
|--------------------------------------------------------|-----------------------------------------|
| Self-assessment and introduction to Adult Care careers | The role of the Adult Care Practitioner |
| About me | Communication |
| Understanding mindset and personal qualities | Equality, diversity and inclusion |
| Personal presentation | Safeguarding |
| Teamwork | Health and safety |
| Communication | What I learnt from my placement? |
| Writing a CV | |
| Interview skills | |
| Reflection and self-assessment | |

What you will get on completion of the course?

- Free NUS Extra discount card
- Enhanced DBS check
- GP Strategies' programme certificate of achievement
- Guaranteed interview and feedback from your work placement employer at the end of the programme
- Traineeship completion bonus - £50 gift voucher
- Trainee progression to GP Strategies apprenticeship bonus - £50 gift voucher

Am I eligible?

To be eligible for this course you must:

- Be aged 16-18
- Be unemployed (or work less than 16hrs per week)
- Have the right to work in the UK
- Qualified up to Level 3 (not already hold a Level 4 qualification)
- Have a passion for a career in working within adult care



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Who do I contact to book onto the course or find out more?

For further information please call our traineeships team on **0330 1000 610** or email **apprenticeshipsuk@gpstrategies.com**.