

Adult Care

Level 3 Diploma (Standalone)

Supporting over 2,000 adult care workers to qualify each year with opportunities for progression



Education & Skills
Funding Agency

Level 3 Diploma in Adult Care

This qualification develops the knowledge and skills needed when working in a senior role with adults in adult care environments. It covers a wide range of areas including supporting individuals with their physical and emotional care, daily living needs and care procedures. It develops the knowledge and skills required for working in a senior role with adults in adult care environments.

This qualification is suitable for those who work, or who are looking to work within the adult care sector. It provides learners with an opportunity to demonstrate their competence in a wide range of job roles.

Funding

This course is fully funded (no cost) via the Adult Education Budget as part of the Government's National Skills Fund Free Level 3 qualifications opportunity – subject to meeting eligibility criteria.

Eligibility Criteria

To access this course via the Adult Education Budget you must;

- Be aged 19 or above on 31st August within the academic year
- Live in England
- Have lived within the EU for a minimum of 3 years
- Not have already completed the qualification
- Not be on any other funded training (e.g. apprenticeship)
- Reside in an area where AEB funding support is available – we will help you ascertain this by

And either,

- be unemployed OR
- earn under the national living wage (i.e. earn less than £18,525 annual gross salary) OR
- earn above the national living wage, but do not already hold a full Level 3* or equivalent qualification or higher



* = Definition of a full level 3 qualification

Level 3 is the level of attainment which is demonstrated by a:

- GCE at the advanced (A) level in 2 subjects
- GCE at the AS level in 4 subjects
- QAA Access to Higher Education (HE) Diploma at level 3
- Technical, or applied general
- Core maths at level 3



Main Qualification Structure

The learner must achieve a total of 58 credits from the Diploma: 28 credits from the mandatory units, and a minimum of 30 credits from the optional units. At least 35 credits must be achieved at Level 3 or above.

Mandatory Units

Unit Title	Level	Credit value	GLH
Promote personal development in care settings	3	3	10
Safeguarding and protection in care settings	2	3	26
Promote health, safety and wellbeing in care settings	3	6	45
Promote communication in care settings	3	3	25
Responsibilities of a care worker	2	2	16
Duty of care in care settings	3	1	8
Promote equality and inclusion in care settings	3	2	18
Promote person-centred approaches in care settings	3	6	39
Promote effective handling of information in care settings	3	2	16

Optional Units

Unit Title	Level	Credit value	GLH
Understand the process and experience of dementia	3	3	22
Test for substance misuse	3	4	30
Understand sensory loss	3	3	21
Understand the role of communication with individuals who have dementia	3	3	26
Understand models of disability	3	3	26
Understanding self-directed support	3	4	26
Enable rights and choices of individuals with dementia	3	5	29
Support young people with a disability to make the transition into adulthood	3	5	40
Support individuals through detoxification programmes	3	3	18
Understand positive risk taking for individuals with disabilities	3	3	25
Support families who have had a child with a disability	3	2	6
Maintain the independent advocacy relationship	3	6	33
Provide support for therapy sessions	2	3	16
Understand how to support individuals with autistic spectrum conditions	3	3	26
Promote rights and values in assistive technology in social care	3	3	17
Develop and sustain effective working relationships with staff in other agencies	3	4	25
Understand the role of communication and interactions with individuals who have dementia	3	3	26
Support parents with disabilities	3	6	43

Optional Units (Continued)

Unit Title	Level	Credit value	GLH
Support the assessment of individuals with sensory loss	3	3	20
Increase awareness about drugs, alcohol or other substances	3	7	42
Help individuals address their substance misuse through an action plan	3	4	28
Understand stroke care management	3	4	36
Provide support services to those affected by someone else's substance use	3	4	24
Diabetes awareness	3	7	46
Responding to the advocacy needs of different groups of people	3	4	21
End of life and dementia care	3	3	30
Providing independent advocacy support	4	6	35
Support families in maintaining relationships in their wider social structures	3	4	33
Stroke awareness	2	4	28
Principles of supporting young people with a disability to make the transition into adulthood	3	4	23
Understand and enable interaction and communication with individuals who have dementia	3	4	25
Equality, diversity and inclusion in dementia care practice	3	4	31
Support individuals with dementia to eat and drink	3	3	16
Work with other professionals and agencies to support individuals with physical disabilities	3	3	23
Assist with the transfer of individuals who misuse substances between agencies and services	3	3	20
Support communication with individuals with sensory loss	3	4	8

Optional Units (Continued)

Unit Title	Level	Credit value	GLH
Support individuals with self-directed support	3	5	35
Support individuals with multiple conditions and/or disabilities	3	5	27
Provide support for individuals within a shared lives arrangement	3	5	35
Support the promotion of awareness of sensory loss	3	1	6
Understand how to support individuals during the last days of life	3	5	32
Supply and exchange injecting equipment for individuals	3	3	18
Supporting individuals to deal with personal relationship problems	3	5	26
Installation, maintenance and removal of assistive technology in adult care	3	2	15
Support individuals with autistic spectrum conditions	3	4	33
Interact with and support individuals using telecommunications	3	5	36
Understand the administration of medication to individuals with dementia using a person-centred approach	3	2	15
Understand Parkinson's for adult care staff	3	3	30
Undertake agreed pressure area care	2	4	30
Undertake physiological measurements	3	3	23
First aid essentials	2	4	21
Facilitate person centred assessment, planning, implementation and review	3	6	45
Carry out initial assessments to identify and prioritise the needs of substance misusers	3	5	30
Understand the effects of ageing in activity provision	3	2	17

Optional Units (Continued)

Unit Title	Level	Credit value	GLH
Understand how to provide support in end of life care	3	4	33
Principles of supporting an individual to maintain personal hygiene	2	2	15
Support individuals in their relationships	3	4	27
Support individuals with a learning disability to access healthcare	3	3	25
Assess the needs of carers and families	3	4	40
The purpose and principles of independent advocacy	3	4	25
Support use of medication in social care settings	3	5	40
Prepare environments and resources for use during healthcare activities	2	3	17
Support individuals to maintain personal hygiene	2	2	17
Support individuals who are substance users	3	7	42
Theories of relationships and social networks	4	3	29
Carrying out comprehensive substance misuse assessment	3	5	30
Enable individuals to negotiate different environments	3	3	20
Contribute to raising awareness of health issues	3	4	26
Prepare to support individuals within a shared lives arrangement	3	5	31
Facilitate active support	3	5	36
Support individuals in the use of assistive technology	4	4	32
Contribute to effective team working in adult care settings	3	4	25

Optional Units (Continued)

Unit Title	Level	Credit value	GLH
Support individuals to stay safe from harm or abuse	3	4	27
Supporting infection prevention and control in social care	3	3	20
Promote nutrition and hydration in health and social care settings	3	6	34
Understand the factors affecting older people	3	3	17
Introduction to personalisation in social care	3	3	22



Duration

Typically this Diploma will take 7 months to complete.

Progression

Learners who achieve this qualification could progress into employment in a senior role in the adult care sector. Learners could also progress onto qualifications for management or lead practitioner roles in adult care, or to specialist qualifications reflecting the context in which they work. This might include the Level 4 Diploma in Adult Care or the Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services Adult pathway qualifications. Learners can progress into employment in residential or nursing homes, domiciliary care, day centres or some clinical healthcare settings within job roles such as:

- Senior Care Support Worker
- Lead Personal Assistant

Qualifications

The qualification will be assessed using a range of methods. This could include direct observation in the workplace, a portfolio of evidence, written assignments or a task.

Level

This is a Level 3 Diploma.

Safeguarding

GP Strategies takes our responsibility in safeguarding and promoting the welfare of learners, staff, young people, vulnerable adults and the partners we work with very seriously. If you have any safeguarding concerns, please contact our dedicated support line on: 0330 0183 531 (available 24/7) or email safeguardingreporting@gpstrategies.com

Find out more

Visit our website for more information

www.gpstl-apprenticeships.co.uk/adult-education-budget



Still Confused?

Call or email our team for more information on this Diploma:
0330 1000 610 | aeb@gpstrategies.com



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