

Level 2 Certificate in **the Principles of the Mental Health Care Worker**

Distance Learning Short Course

Course overview

Every year, approximately 1.8 million people receive mental health treatment. With this in mind, it is vital to support mental health care workers to be able to provide ethical, person-centred care to their patients, and in turn, protect their own physical and mental well-being.

This course will equip learners with a detailed understanding of mental health and mental health issues, the principles of the mental health care worker, approaches to care and management and the duty of care in adult health and social care, and change and support in relation to mental health.



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Who is suitable?

This course is ideal for learners who wish to increase their awareness and understanding of mental health and the role of the mental health worker. Anyone who currently works in the health and social care sector and wishes to progress their career would benefit from this course, as well as anyone who is looking to work in the sector. The qualification is suitable for learners aged 16 or above.

Learning method

Studying via distance learning means you can choose when and where you study. We ensure you get all the support you need throughout your course in the form of a personal Tutor and a Learner Support Advisor.

This course is available:



All of our award-winning learning resources are of the highest quality and are designed to be engaging and interactive to keep you focused on your learning at all times.

What you will learn

This course is split into five manageable units:

- Unit 1:** Mental health and mental health issues
- Unit 2:** Principles of the mental health care worker
- Unit 3:** Approaches to care and management in mental health
- Unit 4:** Duty of care in adult health and social care
- Unit 5:** Change and support in relation to mental health

Benefits

- Gain a nationally recognised qualification
- Establish a long-standing career pathway within the health and social care sector
- This course is delivered via distance learning, allowing you to choose when and where you study
- Study will enhance both your personal skills and professional development
- Skills Coaches are assigned to you to ensure you have the support needed to succeed