



# Lead Adult Care Level 3 Apprenticeship

Over 3,000  
Qualifications a Year

83.5% Overall  
Success Rate

Progression  
Opportunities



Centre of  
Excellence  
Valid until 08/2019

skillsfor care

## Adult Care Worker Apprenticeship Standard

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As a Lead Care Worker you will make a positive difference to someone's life when they are faced with physical, practical, social and emotional or intellectual challenges. You will be expected to exercise judgement and take appropriate action to support

individuals to maintain their independence, dignity and control. By providing leadership, guidance and direction at the frontline of care delivery you will be instrumental in improving the health and wellbeing of those receiving care and support.

## Entry Requirements

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Apprentices should be at least 16 years old. We do not set any other entry requirements but colleges or training providers may have their own guidelines.

## Maths and English

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Apprentices achieve their Level 2 English and Maths qualification as part of their apprenticeship.

## End Point Assessment (EPA)

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Knowledge, skills and behaviours will be tested by an independent End Point Assessor which will be appointed by your employer. Prior to your EPA you will attend a Gateway Meeting with your employer, GP Strategies trainer/assessor and your mentor/supervisor/manager who will review your progress and confirm that all of the requirements of your apprenticeship have been met. You will then be referred for EPA.

The EPA will take the form of a knowledge test and professional discussion and will be organised at a time and date convenient to both yourself and your employer. The level 3 Diploma, Care Certificate, Self-Assessment and Level 2 Maths and English must be complete prior to the EPA taking place.

The outcome of your EPA test will be graded either Pass/Merit/Distinction/Fail







## Main Qualification Structure

The learner must achieve a total of 58 credits from the Diploma: 28 credits from the mandatory units, and a minimum of 30 credits from the optional units. At least 35 credits must be achieved at Level 3 or above.

## Mandatory Units

Unit Ref.	Unit No.	Unit Title	Unit Type	Level Method	Credit	GLH
DHS 1	H/615/7145	Promote communication in care settings	Knowledge/Skills	3	3	25
DHS 2	K/615/7146	Promote effective handling of information in care settings	Knowledge/Skills	3	2	16
DHS 3	M/615/7147	Promote personal development in care settings	Knowledge/Skills	3	3	10
DHS 4	M/615/7150	Promote person-centred approaches in care settings	Knowledge/Skills	3	6	39
DHS 5	T/615/7151	Promote equality and inclusion in care settings	Knowledge/Skills	3	2	18
DHS 6	A/615/7152	Promote health, safety and wellbeing in care settings	Knowledge/Skills	3	6	45
DCHS 7	R/615/7142	Responsibilities of a care worker	Knowledge/Skills	2	2	16
DHS 8	F/615/7153	Duty of care in care settings	Knowledge	3	1	8
DCHS 9	D/615/7144	Safeguarding and protection in care settings	Knowledge	2	3	26

## Optional Units

Unit Ref.	Unit No.	Unit Title	Unit Type	Level Method	Credit	GLH
HSC AS 2	Y/616/6327	Co-ordinate activity provision in adult social care	Knowledge/Skills	3	4	25
HSC AS 3	D/616/6328	Principles of advocacy	Knowledge	3	4	25
HSC AS 5	J/616/6310	Co-ordinate the use of assistive living technology	Knowledge/Skills	4	4	31
HSC AS 8	H/616/6329	Promote continence management	Knowledge/Skills	3	4	30
HSC AS 9	Y/616/6330	Understand how to support individuals to access and engage in education, training and employment (ETE)	Knowledge	3	3	25
AHP 31	M/615/7259	Facilitate learning and development activities to meet individual needs and preferences	Knowledge/Skills	3	5	35
HSC AS 12	M/616/6334	Managing pain and discomfort	Knowledge/Skills	3	3	24
AN 39	R/615/7254	Awareness of the Mental Capacity Act 2005	Knowledge	3	3	28
HSC AS 14	A/616/6336	Promote nutrition and hydration in adult care settings	Knowledge/Skills	3	4	42
HSC AS 15	L/616/6339	Understand personalisation in adult care	Knowledge	3	3	22
HSC AS 17	L/616/6342	Implement Positive Behaviour Support	Knowledge/Skills	3	6	41
HSC AS 18	F/616/6323	Develop, implement and review reablement plans	Knowledge/Skills	4	4	30
HSC AS 19	H/616/6346	Support individuals to retain, regain and develop skills for everyday life	Knowledge/Skills	3	4	28
HSC AS 21	M/616/6348	Understand how to support individuals with foot care	Knowledge	2	3	25
AHP 21	A/615/7295	Provide agreed support for foot care	Knowledge/Skills	2	3	2
AHP 16	F/615/7170	Provide support to individuals to continue recommended therapies	Knowledge/Skills	3	3	20

## Optional Units Continued

Unit Ref.	Unit No.	Unit Title	Unit Type	Level Method	Credit	GLH
AN 25	T/615/7229	Move and position individuals in accordance with their care plan	Knowledge/ Skills	2	4	26
AN 33	A/615/7202	Support individuals to access and use services and facilities	Knowledge/ Skills	3	4	25
AN 38	D/615/7323	Support independence in the tasks of daily living	Knowledge/ Skills	2	5	37
AN 41	M/615/7214	Work in partnership with families to support individuals	Knowledge/ Skills	3	3	27
AN 45	Y/615/7188	Implement therapeutic group activities	Knowledge/ Skills	3	4	25
AN 46	D/615/7337	Support individuals to live at home	Knowledge/ Skills	3	4	29
AN 56	A/615/7278	Support individuals during a period of change	Knowledge/ Skills	3	4	29
AN 59	K/615/7213	Support individuals to access and manage direct payments	Knowledge/ Skills	4	4	20
AN 60	H/615/7243	Support individuals to access housing and accommodation services	Knowledge/ Skills	3	4	31
AN 61	L/615/7317	Support individuals to prepare for and settle in to new home environments	Knowledge/ Skills	3	3	23
AN 67	K/615/7275	Support the spiritual well-being of individuals	Knowledge/ Skills	3	3	26
AN 68	J/615/7204	Support individuals to meet personal care needs	Skills	2	2	16
AN 71	K/615/7339	Provide support for sleep	Knowledge/ Skills	2	2	13
AN 72	L/615/7320	Support individuals with specific communication needs	Knowledge/ Skills	3	5	35
AN 89	H/615/7307	Support carers to meet the care needs of individuals	Knowledge/ Skills	3	4	30

## Optional Units Continued

Unit Ref.	Unit No.	Unit Title	Unit Type	Level Method	Credit	GLH
AHP 12	A/615/7183	Collaborate in the assessment of environmental and social support in the community	Knowledge/ Skills	3	4	23
AHP 20	T/615/7215	Provide support for mobility	Knowledge/ Skills	2	2	14
MH 4	M/615/7262	Support positive risk-taking for individuals	Knowledge/ Skills	3	4	32
HSC AS 23	T/616/6349	Support person-centred thinking, planning and review	Knowledge/ Skills	3	4	35
HSC AS 24	K/616/6350	Facilitate person-centred assessment, planning, implementation and review	Knowledge/ Skills	3	6	45
HSC S 3	M/616/6351	Support families who care for individuals with acquired brain injury	Knowledge/ Skills	3	3	28
HSC S 4	T/616/6352	Understand the impact of acquired brain injury on individuals	Knowledge	3	3	28
HSC S 6	A/616/6353	Support individuals with autism spectrum condition	Knowledge/ Skills	3	4	33
HSC S 7	F/616/6354	Understand how to support individuals with autism spectrum condition	Knowledge	3	3	28
AN 47	K/615/7227	Dementia Awareness	Knowledge	2	2	7
AN 35	M/615/7228	Understand the process and experience of dementia	Knowledge	3	3	22
HSC S 9	J/616/6355	Provide support to individuals with dementia	Knowledge/ Skills	3	4	35
HSC S 10	L/616/6356	Diabetes Awareness	Knowledge	2	3	28
HSC S 11	Y/616/6358	Support Individuals with Diabetes	Knowledge/ Skills	3	6	46
HSC S 13	D/616/6359	End of Life Care	Knowledge	3	7	53
AN 36	A/615/7376	Care for the elderly	Knowledge/ Skills	2	2	10
AN 50	M/615/7326	Support individuals at the end of life	Knowledge/ Skills	3	6	50

## Optional Units Continued

Unit Ref.	Unit No.	Unit Title	Unit Type	Level Method	Credit	GLH
AN 26	M/615/7164	Understand advance care planning	Knowledge	3	3	25
AN 52	F/615/7167	Support individuals who are bereaved	Knowledge/ Skills	3	4	30
HSC S 16	Y/616/6361	Principles of supporting individuals with a learning disability regarding sexuality and sexual health	Knowledge	3	3	21
AN 40	M/615/7374	Understand the context of supporting individuals with learning disabilities	Knowledge	3	4	35
HSC S 17	D/616/6362	Support individuals with learning disabilities to access healthcare	Knowledge/ Skills	3	3	25
DHS 13	Y/615/7157	Understand mental health problems	Knowledge	3	3	16
HSC S 20	H/616/6363	Promote mental well-being and mental health	Knowledge/ Skills	3	3	20
HSC S 22	M/616/6365	Support individuals with multiple conditions and/or disabilities	Knowledge/ Skills	3	4	31
HSC S 23	T/616/6366	Support individuals with Parkinson's disease	Knowledge/ Skills	3	3	25
HSC S 26	J/616/6369	Understand sensory loss	Knowledge	3	3	21
HSC S 27	F/616/6371	Support the assessment of individuals with sensory loss	Knowledge/ Skills	3	3	22
HSC S 29	J/616/6372	Promote Stroke Care Management	Knowledge/ Skills	3	4	36
HSC S 30	R/616/6374	Carry out assessments to identify the needs of substance users	Knowledge/ Skills	3	5	30
HSC S 31	D/616/6376	Support individuals who are substance users	Knowledge/ Skills	3	5	35
HSC S 32	K/616/6378	Test for substance use	Knowledge/ Skills	3	5	30
MH 12	T/615/7277	Recognise indications of substance misuse and refer individuals to specialists	Knowledge/ Skills	3	4	24
HSC S 33	L/616/6325	Undertake research in adult care	Knowledge/ Skills	4	8	55

## Optional Units Continued

Unit Ref.	Unit No.	Unit Title	Unit Type	Level Method	Credit	GLH
AN 1	J/615/7297	Undertake physiological measurements	Knowledge/ Skills	3	3	23
AN 2	K/615/7177	Undertake personal hygiene activities with individuals	Knowledge/ Skills	2	3	24
AN 4	R/615/7187	Obtain venous blood samples	Knowledge/ Skills	3	3	24
AN 5	K/615/7325	Obtain and test capillary blood samples	Knowledge/ Skills	3	4	30
AN 28	H/615/7324	Undertake agreed pressure area care	Knowledge/ Skills	2	4	30
AN 29	R/615/7335	Administer medication to individuals and monitor the effects	Knowledge/ Skills	3	5	30
AN 30	D/615/7368	Understand the administration of medication	Knowledge/ Skills	3	3	24
DHS 10	J/615/7154	The principles of infection prevention and control	Knowledge	2	3	30
DHS 11	L/615/7155	Causes and spread of infection	Knowledge	2	2	20
DHS 12	R/615/7156	Cleaning, decontamination and waste management	Knowledge	2	2	20
HSC L 3	F/616/6399	Lead learning and development in adult care	Knowledge/ Skills	4	4	26
HSC L 4	H/616/6380	Mentoring in adult social care	Knowledge/ Skills	4	4	30
HSC L 7	M/616/6382	Personal and professional behaviour in adult care	Knowledge/ Skills	3	3	20
HSC L 9	F/616/6385	Contribute to quality assurance in adult care	Knowledge/ Skills	3	3	25
HSC L 11	J/616/6405	Manage resources in adult care	Knowledge/ Skills	4	3	20
HSC L 14	R/616/6388	Lead an effective team	Knowledge/ Skills	3	3	25

Total Guided Learning: 399 hours  
Total Qualification Time: 580 hours



## Duration

Typically this apprenticeship will take 12-24 months.

## Progression

Apprentices can progress to the Level 4 Diploma in Adult Care or the Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services Adult pathway qualifications. Apprentices may also progress onto qualifications for management or lead practitioner roles in adult care, or to specialist qualifications reflecting the context in which they work.

Apprentices can progress into employment in residential or nursing homes, domiciliary care, day centres or some clinical healthcare settings within job roles such as:

- Senior Care Support Worker
- Lead Personal Assistant

## Qualifications

The qualification will be assessed using a range of methods. This could include direct observation in the workplace, a portfolio of evidence, written assignments or a task.

## Level

This is a Level 3 apprenticeship.

## Find Out More

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## Still Confused?

Contact our expert team today for more information on this apprenticeship:

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