

Health and Social Care - General Pathway

About the industry

A career in Health & Social Care brings with it rewards associated with supporting vulnerable people in the community, supporting housing, specialised projects and

residential or nursing homes. You will develop essential skills that could lead you to be a nurse or social worker of the future. It's a rewarding career in a growing sector with a huge variety of jobs with flexible working hours.

What you will learn



Level 2 Diploma in Health and Social Care (Adults)

There are no specific entry requirements other than meeting the Apprenticeship eligibility conditions.

Group A - mandatory units

- Introduction to communication in health, social care or children's and young people's settings
- Introduction to personal development in health, social care or children's and young people's settings
- Introduction to equality and inclusion in health, social care or children's and young people's settings
- Introduction to duty of care in health, social care or children's and young peoples settings
- Principles of safeguarding and protection in health and social care
- The role of the health and social care worker
- Implement person centred approaches in health and social care
- Contribute to health and safety in health and social care
- · Handle information in health and social care settings

Group B - sample of optional units

- Administer medication to individuals and monitor the effects
- Understand and implement a person-centred approach to the care and support of individuals with dementia
- Equality, diversity and inclusion in dementia care practice
- Understand and enable interaction and communication with individuals with dementia

- Approaches to enable rights and choices for individuals with dementia whilst minimising risks
- Understand and meet the nutritional requirements of individuals with dementia
- Enable rights and choices of individuals with dementia whilst minimising risk
- Understand and enable interaction and communication with individuals who have dementia
- Equality, diversity and inclusion in dementia care practice
- Provide support for therapy sessions
- Provide support for mobility
- Provide support to manage pain and discomfort
- Contribute to monitoring the health of individuals affected by health conditions
- Support individuals to carry out their own health care procedures
- Support participation in learning and development activities
- Support independence in the tasks of daily living
- Provide support for journeys
- Provide support for leisure activities
- Support individuals to access and use information about services and facilities
- Support individuals who are distressed
- Support care plan activities
- Support individuals to eat and drink
- Support individuals to meet personal care needs

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Level 3 Diploma in Health and Social Care (Adults)

There are no specific entry requirements other than meeting the Apprenticeship eligibility conditions.

Group A - mandatory units

- Promote communication in health, social care or children's and young peoples settings
- Engage in personal development in health, social care or children's and young peoples settings
- Promote equality and inclusion in health, social care or children's and young peoples settings
- Principles for implementing duty of care in health, social care or children's and young peoples settings
- Principles of safeguarding and protection in health and social care
- · The role of the health and social care worker
- Promote person centred approaches' in health and social care
- Promote and implement health and safety in health and social care
- Promote good practice in handling information in health and social care settings

Group B - sample of optional units

- Providing independent advocacy support
- Maintaining the independent advocacy relationship
- Responding to the advocacy needs of different groups of people
- Recognise indications of substance misuse and refer individuals to specialists
- · Support individuals who are substance users
- Identify and act upon immediate risk of danger to substance users
- Provide services to those affected by someone else's substance use
- Increase awareness about drugs, alcohol or other Test for substance use
- Carry out initial assessments to identify and prioritise the needs of substance misusers

- Carry out comprehensive substance misuse assessment
- Assist with the transfer of individuals who misuse substances between agencies and services
- Support individuals through detoxification programmes
- Develop and sustain effective working relationships with staff in other agencies
- Administer medication to individuals and monitor the effects
- Supply and exchange injecting equipment for individuals
- Understand and meet the nutritional requirements of individuals with dementia
- Enable rights and choices of individuals with dementia whilst minimising risk
- Understand and enable interaction and communication with individuals who have dementia
- Equality, diversity and inclusion in dementia care practice
- Provide support to manage pain and discomfort
- Gain access to the homes of individuals, deal with emergencies and ensure security on departure
- Undertake agreed pressure area care
- Move and position individuals in accordance with their plan of care
- Contribute to raising awareness of health issues
- Provide support to continue recommended therapies
- Provide support to maintain and develop skills for everyday life
- Facilitate learning and development activities to meet individual needs and preferences
- Support the development of community partnerships
- Implement therapeutic group activities

Progression opportunities

