

# **Workshop Schedule**

### **Leading and Managing Teams** 1 day\*

- Different leadership styles
- Lead multiple and remote teams
- Managing team leaders
- Motivation and improving performance
- Coaching and mentoring
- Develop high performing teams
- Performance management techniques
- Talent management models

### **Effective Communication** and Change Management 1 day\*

- Different styles and methods of communication and when to use them
- Body language and tone of voice
- Communicating messages in an effective and engaging way
- The impact of organisational change on people
- Effectively communicating change
- Identifying barriers to change and how to overcome them

### Discipline, Grievance and Conflict Management 1 day\*

- Policies and procedures
- The skills and qualities needed when dealing with these issues
- The key issues to consider while conducting the investigation
- Dealing effectively with problems and objections
- Working with difficult people
- Turning arguments into discussions
- Dealing with strong feelings
- Delivering bad news
- Achieving resolution

### **Operational Management** 1 day\*

- Operational management approaches and models
- Business development tools (e.g. SWOT)
- Approaches to continuous improvement
- Operational business planning techniques
- Management systems, processes and contingency planning

#### **Setting Up** Time Management, and Managing Projects 1 day\*

- How to set up and manage a project
- Tools and techniques

1 day\*

- Understand process management
- Understand approaches to risk management

# **Prioritisation and Delegation**

- Exploring time management issues
- Time management techniques and tools
- How to plan and prioritise activities
- Managing multiple tasks
- Setting clear goals
- Minimising wasted time
- Distractions in the workplace
- Self-motivation
- Effective delegation
- How to say 'No'

# **Stockport Course Schedule**

	Days	Price	2019					2020						
			Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul
Leading and Managing Teams	1	£200												
Effective Communication and Change Management	1	£200												
Discipline, Grievance and Conflict Management	1	£200												
Operational Management	3	£200												
Setting Up and Managing Projects	1	£200												
Delegation Skills, Time Management and Prioritisation	1	£200												

Location of training

**GP Strategies - Stockport Centre** Floor 4 Kingsgate Wellington Road North Stockport Cheshire SK4 1LW

# Regions covered

- Stockport
- Manchester
- Macclesfield
- Tameside
- Altrincham
- Stretford
- Ashton-under-Lyne



## How to book

Please complete the attached booking form and email to dcooke@gpstrategies.com, or call Denise Cooke on 0161 429 2460.



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