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Service



Adult Care Level 2

Course Calendar

Workshop Schedule

Moving and Handling 1 day*

- The types of injuries that people may suffer as a result of poor moving and handling
- Legislation
- How to carry out a risk assessment and personalise the assessment for individuals
- How to use different types of moving and handling equipment safely
- Good manual handling techniques
- The steps to follow when preparing to move a person

Medication Training 1 day*

- Legislation, guidelines and policies
- Roles and responsibilities
- The agreed ways of working in relation to medication and healthcare tasks
- Requirements and procedures for the administration of medication
- Requirements and procedures for ensuring an individual's safety
- Management of medications and administration records
- The tasks you are not allowed to carry out until competent

Food Hygiene, Safety and Nutrition 2 day*

- Food safety hazards and contamination
- Food preservation, storage and temperature control
- Legislation
- Preparing food
- Principles of a balanced diet
- Hydration
- Preventing malnutrition
- Special dietary requirements
- Supporting nutrition and hydration
- Resolving concerns about the choice of food and drink of an individual, and when to seek guidance

Infection Prevention 1 day*

- Roles and responsibilities
- Legislation, policies, and procedures
- Risk assessment
- Personal Protective Equipment (PPE)
- Personal hygiene
- Causes of infection and the transmission of infection
- Preventing the spread of infection
- The decontamination process
- Good waste management practice

Dementia Awareness 1 day*

- The signs and symptoms of dementia
- How dementia affects behaviour, the senses and communication
- How to build positive relationships with people affected by dementia

Record and report writing in Adult Care 1 day*

- Why reporting matters
- Difference between fact and opinion
- How to write:
 - Care plan notes
 - Messages
 - Emails
 - Letters
 - Accident reports etc
- Awareness of Data Protection and GDPR
- Understand different learning and behaviour styles

Stockport Course Schedule

	Days	Price	2019					2020						
			Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul
Moving and Handling	1	£150												
Medication Training	1	£150												
Food Hygiene, Safety and Nutrition	2	£150												
Infection Prevention	1	£150												
Dementia Awareness	1	£150												
Record and Report Writing in Adult Care	1	£150												

Location of training

GP Strategies - Stockport Centre
Floor 4 Kingsgate
Wellington Road North
Stockport
Cheshire
SK4 1LW

Regions covered

- Stockport
- Manchester
- Macclesfield
- Tameside
- Altrincham
- Stretford
- Ashton-under-Lyne



How to book

Please complete the attached booking form and email to dcooke@gpstrategies.com, or call Denise Cooke on **0161 429 2460**.

2 *Maximum class size = 10 people



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