



# Adult Care Level 2 Apprenticeship

Over 3,000  
Qualifications a Year

83.5% Overall  
Success Rate

Progression  
Opportunities



## Adult Care Worker Apprenticeship Standard

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The main purpose of a care worker is to make a positive difference to someone's life when they are faced with physical, practical, social and emotional or intellectual challenges. Adult care workers need to have the right values and behaviours; developing competences and skills to provide high quality compassionate care and support. They are frontline staff

who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible. This apprenticeship provides an ideal entry into the occupation and supports progression within the sector to a lead adult care work role.

## Entry Requirements

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Apprentices should be at least 16 years old. We do not set any other entry requirements but colleges and training providers may have their own guidelines.

## Maths and English

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Apprentices achieve their Level 1 English and Maths qualification as part of their apprenticeship.

## End Point Assessment (EPA)

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Knowledge, skills and behaviours will be tested by an independent End Point Assessor which will be appointed by you employer. Prior to your EPA you will attend a Gateway Meeting with your employer, GP Strategies trainer/assessor and your mentor/supervisor/manager who will review your progress and confirm that all of the requirements of your apprenticeship have been met. You will then be referred for EPA.

The EPA will take the form of a knowledge test and professional discussion and will be organised at a time and date convenient to both yourself and your employer. The level 2 Diploma, Care Certificate, Self-Assessment and Level 1 Maths and English must be complete prior to the EPA taking place.

The outcome of your EPA test will be graded either Pass/Merit/Distinction/Fail





## Main Qualification Structure

Apprentices must achieve a minimum of 46 credits to gain this qualification. Apprentices must achieve 24 credits from the mandatory units and a minimum of 22 credits from the optional units.

Total Qualification Time (TQT): 460  
Guided Learning Hours (GLH): 307

## Mandatory Units

Unit Ref.	Unit No.	Unit Title	Unit Type	Level Method	Credit	GLH
DC1	F/615/7136	Communication in care settings	Knowledge/Skills	2	3	20
DC2	J/615/7137	Handle information in care settings	Knowledge/Skills	2	1	10
DC3	L/615/7138	Personal development in care settings	Knowledge/Skills	2	3	23
DC4	R/615/7139	Implement person-centred approaches in care settings	Knowledge/Skills	2	5	39
DC5	J/615/7140	Equality and inclusion in care settings	Knowledge/Skills	2	2	17
DC6	L/615/7141	Health, safety and well-being in care settings	Knowledge/Skills	2	4	33
DCHS7	R/615/7142	Responsibilities of a care worker	Knowledge/Skills	2	2	16
DC8	Y/615/7143	Duty of care	Knowledge	2	1	7
DCHS9	D/615/7144	Safeguarding and protection in care settings	Knowledge	2	3	26

## Optional Units

Unit Ref.	Unit No.	Unit Title	Unit Type	Level Method	Credit	GLH
DHS10	J/615/7154	The principles of infection prevention and control	Knowledge	2	3	30
DHS11	L/615/7155	Causes and spread of infection	Knowledge	2	2	20
DHS12	R/615/7156	Cleaning, decontamination and waste management	Knowledge	2	2	20
DHS13	Y/615/7157	Understand mental health problems	Knowledge	3	3	16
DHS14	D/615/7158	Understand mental well-being and mental health promotion	Knowledge	3	3	20
AHP 3	T/615/7280	Contribute to monitoring the health of individuals affected by health conditions	Knowledge/Skills	2	2	18
AHP 4	H/615/7291	Principles of health promotion	Knowledge	2	2	13
AHP 20	T/615/7215	Provide support for mobility	Knowledge/Skills	2	2	14
AHP 21	A/615/7295	Provide agreed support for foot care	Knowledge/Skills	2	3	23
AN 1	J/615/7297	Undertake physiological measurements	Knowledge/Skills	3	3	23
AN 2	K/615/7177	Undertake personal hygiene activities with individuals	Knowledge/Skills	2	3	24
AN 5	K/615/7325	Obtain and test capillary blood samples Knowledge/Skills 3 4 30	Knowledge/Skills	3	4	30
AN 10	F/615/7251	Care for individuals with naso-gastric tubes	Knowledge/Skills	3	3	19
AN 15	Y/615/7174	Assist in the administration of medication	Knowledge/Skills	2	4	25
AN 17	M/615/7231	Obtain and test specimens from individuals	Knowledge/Skills	2	2	15
AN 25	T/615/7229	Move and position individuals in accordance with their care plan	Knowledge/Skills	2	4	26
AN 28	H/615/7324	Undertake agreed pressure area care	Knowledge/Skills	2	4	30
AN 35	M/615/7228	Understand the process and experience of dementia	Knowledge	3	3	22



## Mandatory Units

Unit Ref.	Unit No.	Unit Title	Unit Type	Level Method	Credit	GLH
AN 36	A/615/7376	Care for the elderly	Knowledge/ Skills	2	2	10
AN 38	D/615/7323	Support independence in the tasks of daily living	Knowledge/ Skills	2	5	37
AN 39	R/615/7254	Awareness of the Mental Capacity Act 2005	Knowledge	3	3	28
AN 41	M/615/7214	Work in partnership with families to support individuals	Knowledge/ Skills	3	3	27
AN 46	D/615/7337	Support individuals to live at home	Knowledge/ Skills	3	4	29
AN 47	K/615/7227	Dementia awareness	Knowledge	2	2	7
AN 50	M/615/7326	Support individuals at the end of life	Knowledge/ Skills	3	6	50
AN 52	F/615/7167	Support individuals who are bereaved	Knowledge/ Skills	3	4	30
AN 57	J/615/7168	Support individuals to access and use information about services and facilities	Knowledge/ Skills	2	3	20
AN 63	L/615/7186	Support individuals to carry out their own healthcare procedures	Knowledge/ Skills	2	2	15
AN 64	K/615/7230	Support individuals to manage continence	Knowledge/ Skills	2	3	19
AN 65	K/615/7258	Support individuals who are distressed	Knowledge/ Skills	2	3	21
AN 68	J/615/7204	Support individuals to meet personal care needs	Skills	2	2	16
AN 69	F/615/7279	Support individuals to eat and drink	Skills	2	2	15
AN 70	K/615/7244	Provide support to manage pain and discomfort	Knowledge/ Skills	2	2	15
AN 71	K/615/7339	Provide support for sleep	Knowledge/ Skills	2	2	13
AN 72	L/615/7320	Support individuals with specific communication needs	Knowledge/ Skills	3	5	35
AN 73	H/615/7260	Support individuals undergoing healthcare activities	Knowledge/ Skills	2	3	22

## Optional Units Continued

Unit Ref.	Unit No.	Unit Title	Unit Type	Level Method	Credit	GLH
AN 79	K/615/7292	Promotion of general health and well-being Knowledge 2 2 12	Knowledge	2	2	12
AN 81	J/615/7235	Prepare individuals for healthcare activities	Knowledge/ Skills	2	2	9
AN 82	M/615/7245	Select and wear appropriate personal protective equipment for work in healthcare settings	Knowledge/ Skills	2	2	15
AN 83	D/615/7239	Assist the practitioner to carry out healthcare activities	Knowledge/ Skills	2	2	13
AN 84	F/615/7248	Monitor and maintain the environment and resources during and after clinical/ healthcare activities	Knowledge/ Skills	2	3	20
AN 87	F/615/7296	Contribute to the care of a deceased person	Knowledge/ Skills	2	3	24
AN 98	D/615/7256	Contribute to the effectiveness of teams	Knowledge/ Skills	2	2	5
HSC AS 1	L/616/6521	Support activities for individuals and groups that promote well-being	Knowledge/ Skills	2	4	30
HSC AS 6	Y/616/6523	Support individuals in the use of assistive living technology	Knowledge/ Skills	2	3	19
HSC AS 13	D/616/6524	Support individuals to meet nutritional and hydration needs	Knowledge/ Skills	2	4	28
HSC AS 15	L/616/6339	Understand personalisation in adult care	Knowledge	3	3	22
HSC AS 16	K/616/6526	Understand the principles of positive behaviour support	Knowledge	2	4	35
HSC AS 20	T/616/6528	Provide support for therapy sessions	Knowledge/ Skills	2	2	14
HSC AS 21	M/616/6348	Understand how to support individuals with foot care	Knowledge	2	3	25
HSC AS 22	A/616/6529	Support person-centred thinking, planning and review	Knowledge/ Skills	2	4	30
HSC AS 24	K/616/6350	Facilitate person-centred assessment, planning, implementation and review	Knowledge/ Skills	3	6	45
HSC AS 25	T/616/6531	Contribute to the support of positive risk-taking for individuals	Knowledge/ Skills	2	3	27

## Optional Units Continued

Unit Ref.	Unit No.	Unit Title	Unit Type	Level Method	Credit	GLH
HSC AS 26	A/616/6532	Support care plan activities	Knowledge/Skills	2	2	13
HSC S 2	F/616/6533	Understand the impact of acquired brain injury on individuals	Knowledge	2	3	25
HSC S 1	J/616/6534	Support individuals with acquired brain injury and their families and carers	Knowledge/Skills	2	3	25
HSC S 5	R/616/6536	Understand autism spectrum condition (ASC)	Knowledge	2	3	25
HSC S 6	Y/616/6537	Support individuals with autism spectrum condition (ASC)	Knowledge/Skills	3	4	33
HSC S 8	D/616/6538	Support individuals with dementia	Knowledge/Skills	2	4	35
HSC S 10	L/616/6356	Diabetes awareness	Knowledge	2	3	28
HSC S 12	H/616/6539	Awareness of end of life care	Knowledge	2	3	28
HSC S 15	Y/616/6540	Understand learning disability	Knowledge	2	3	25
AN 73	H/615/7260	Support individuals undergoing healthcare activities	Knowledge/Skills	2	3	22

## Optional Units Continued

Unit Ref.	Unit No.	Unit Title	Unit Type	Level Method	Credit	GLH
HSC S 14	D/616/6541	Contribute to supporting individuals with learning disabilities to access healthcare	Knowledge/Skills	2	3	27
HSC S 16	Y/616/6361	Principles of supporting individuals with a learning disability regarding sexuality and sexual health	Knowledge	3	3	21
HSC S 21	H/616/6542	Contribute to the support of individuals with multiple conditions and/or disabilities	Knowledge/Skills	2	3	25
Unit 10	Y/506/2880	Understanding mental health	Knowledge	2	4	40
HSC S 18	K/616/6543	Support mental well-being and mental health	Knowledge/Skills	2	3	25
Unit 13	F/505/8497	Parkinson's disease awareness	Knowledge	2	3	30
HSC S 23	T/616/6366	Support individuals with Parkinson's disease	Knowledge/Skills	3	3	25
HSC S 25	M/616/6544	Awareness of sensory loss	Knowledge	2	2	16
HSC S 27	F/616/6371	Support the assessment of individuals with sensory loss	Knowledge/Skills	3	3	22
HSC S 28	T/616/6545	Support stroke care management	Knowledge/Skills	2	3	28





## Duration

Typically this apprenticeship will take 12 – 18 months.

## Progression

The content of the qualification links with the knowledge and skills required for the Adult Care Worker and Healthcare Support Worker apprenticeship standards. Upon completion, Apprentices can enter either the adult care or health workforces. The content is applicable to a variety of roles, including:

- Adult Care Worker
- Healthcare Assistant/Support Worker
- Personal Assistant

Units can also be a basis for continuing professional development in the Apprentices chosen field

## Qualifications

This qualification is supported by Skills for Care and meets the Skills for Health qualification design criteria.

## Level

This is a Level 2 apprenticeship.

## Find Out More

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## Still Confused?

Contact our expert team today for more information on this apprenticeship:

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